



Supporting Your Child
Help to Keep your Child Safe Online

Cults Associated School Group (ASG)
Week commencing 23.03.2015



Instagram

Dear Parent

Cults ASG Internet Safety Week

During week beginning 23rd March 2015, Cults Academy, Cults Primary, Culter School and Milltimber School are hosting an Internet Safety Week.

Each school will be visited by Paul Hay, an expert and trainer in the field of online safety and cyberbullying, who will run workshops for pupils P1 – Secondary 3. As part of this Paul will also offer a presentation to **parents of pupils in P5 – S2**. This will be held at Cults Academy on **Wednesday, 25th March at 7pm – 8.30pm.**

“Children and young people spend a lot of time online – it can be a great way for them to socialise, explore and have fun. But children do also face risks such cyberbullying or seeing content that's inappropriate. That's why it's important for them to know how to stay safe online.

Whether you're unsure about what happens online or are up to speed with new technology, it's important that you talk to your child about staying safe.

It may feel daunting, but you don't need to be an expert on the internet. Understanding what children do online and the risks they face will help you keep your child safe online.”
NSPCC Website 2015

The talk will cover:

- How young people use the Internet
- How they use programs and Apps such as Facebook, Instagram, Twitter, Ask.fm, Club Penguin, Moshi Monsters and Minecraft.
- How information young people post can be misused by people who are not their friends and the effect on their reputation
- What you, as parents, can do to help keep them safe
- Cyberbullying



Above all it aims to give parents/carers the knowledge and confidence to help your child stay safe while getting the most benefit and enjoyment from the internet.

The talk will be delivered by Paul Hay, an expert in Internet Safety. He is also a father of two teenage daughters so can appreciate the problems parents face.



Parents attending the presentation are advised that, due to the popularity of the Sports Centre, parking at the academy can be difficult in the evenings. If driving please allow plenty of time and where possible car share.

Caroline Johnstone
Head Teacher